

Fine Motor Skills - Milestones	
Age	Developmental Milestones
0-3 months	<ul style="list-style-type: none"> <li>• Brings hands to mouth</li> <li>• Moves arms</li> <li>• May swing arms at toys</li> <li>• Hands start to open more</li> </ul>
3-6 months	<ul style="list-style-type: none"> <li>• Holds small object in hand (without thumb tucked in hand)</li> <li>• Holds hands together</li> <li>• Reaches for toys with both arms</li> <li>• Pushes up on arms when on tummy</li> <li>• Briefly holds a toy like a rattle</li> <li>• Follows objects with eyes in all directions</li> </ul>
6-9 months	<ul style="list-style-type: none"> <li>• Shakes and bangs rattles</li> <li>• Brings toys to mouth</li> <li>• Uses a raking grasp</li> <li>• Transfers objects from one hand to the other</li> <li>• Keeps hands open and relaxed most of the time</li> <li>• Starting to have the ability to pick up small foods like Cheerios</li> </ul>
9-12 months	<ul style="list-style-type: none"> <li>• Able to release an object voluntarily</li> <li>• Gives toy to a caregiver when asked</li> <li>• Bangs two toys together</li> <li>• Turns pages of a book a few pages at a time</li> <li>• Begins to put objects into a container</li> <li>• Points to objects</li> <li>• Stacks 2 blocks</li> </ul>
12-18 months	<ul style="list-style-type: none"> <li>• Claps hands together</li> <li>• Puts objects and toys into containers</li> <li>• Waves goodbye</li> <li>• Uses both hands to play</li> <li>• Can isolate index finger with other fingers closed</li> <li>• Scribbles with a crayon</li> <li>• Beginning to use a spoon and cup</li> </ul>

<b>18-24 months</b>	<ul style="list-style-type: none"><li>● Can build a block tower using 3-4 blocks</li><li>● Puts rings on a ring stacker</li><li>● Turns pages of a book one at a time</li><li>● Begins holding crayons with finger tips and thumb</li></ul>
<b>2-5 years</b>	<ul style="list-style-type: none"><li>● Likes to draw; holds crayon with fingers</li><li>● Able to imitate designs like a circle or a cross</li><li>● Has hand control to build block towers</li><li>● Can string beads on a shoelace</li><li>● Able to make a Cheerio or macaroni necklace</li><li>● Beginning with scissor skills</li><li>● Scissor skills show improvement - Able to cut simple shapes</li><li>● Able to do simple puzzles (6-10 pieces)</li></ul>